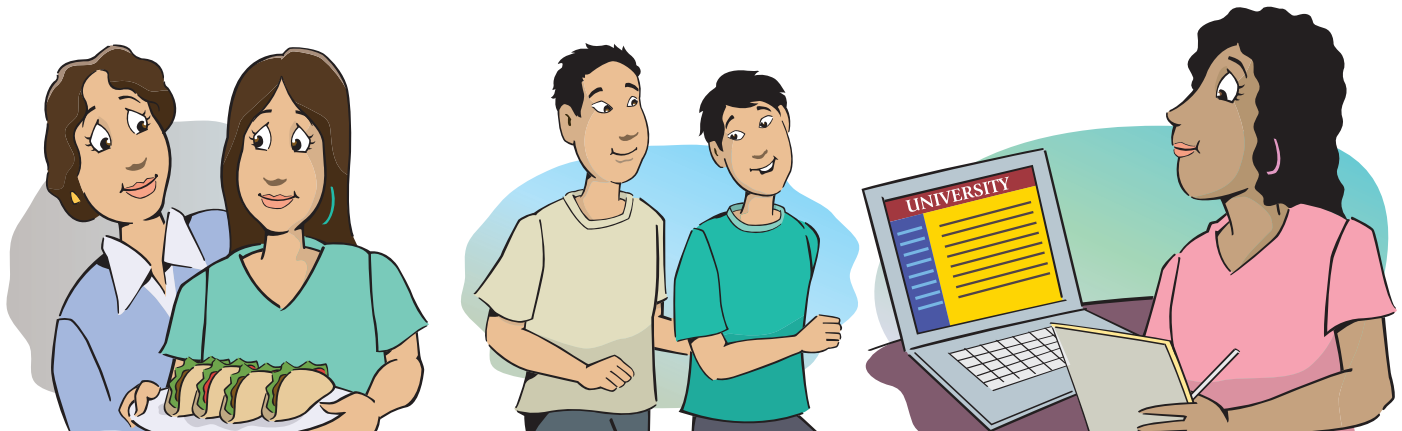


Daily Learning Planner

*Ideas parents can use to help students
do better in school.*

Sunburst Public Schools

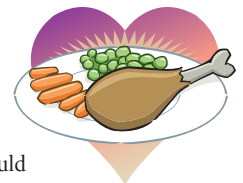


THE
PARENT
INSTITUTE®

March 2012

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Browse through the nonfiction section at the library with your teen. Check out one book of interest for each of you.
- 2. Have your teen keep track of his expenses for the entire month.
- 3. Challenge your teen to eliminate pessimistic phrases from her vocabulary. Help her to think positively.
- 4. Parenting a teen is tough. Carve out some time to take care of yourself.
- 5. Ask what your teen thinks the world will be like in 100 years.
- 6. Keep talking about school every day! That shows how important it is.
- 7. Ask to read the high school newspaper. Talk about the issues that are most important at your teen's school.
- 8. How many presidents can your teen name?
- 9. Always know where your teen is going and who he's with.
- 10. Keep two magazines in the car. When you're stuck waiting, you and your teen can both read.
- 11. Ask your teen to teach *you* how to do something today.
- 12. Set aside time to work on a project or hobby together.
- 13. Let your teen invite some of her friends over for pizza and a sleepover.
- 14. It's a fact: Four million teens will be treated for sexually transmitted diseases each year. Talk to your teen.
- 15. At dinner tonight, share a wish or a dream with your teen.
- 16. It's Women's History Month. Visit the library and check out a book about a woman your teen admires.
- 17. Show your teen how to read nutrition labels.
- 18. It's not that teens *can't* read—it's that most *don't*. Challenge your teen to read more this month.
- 19. As you drive, talk about traffic safety with your teen.
- 20. It's Clutter Awareness Week. Brainstorm with the family about ways to reduce the clutter in your house.
- 21. Show your teen how to use basic tools, such as a hammer.
- 22. Ask your teen's opinion of an idea or problem you have. Really listen to his answer.
- 23. Visit a restaurant with your teen. Ask her to write a review.
- 24. Develop a "Where Am I?" form with your teen that lets each of you know where the other is.
- 25. Ask your teen, "Which class is your favorite? Why?"
- 26. Encourage your teen to combine exercise and learning by listening to an audio book while working out.
- 27. Let your teen cook a meal for you.
- 28. Skim over your child's homework assignment and ask him questions to help him review.
- 29. Tell your teen a story that conveys your values.
- 30. Review your teen's spending. What changes would she like to make for next month? Set goals.
- 31. If your teen challenges you, try not to lose your cool. Ask for a break and talk when you're in control.



Helping Students Learn®

Tips Families Can Use to Help Students Do Better in School

